

SPIRIT DANCE

BIOGRAPHY

SPIRIT DANCE (World Tribal Music) takes you on a musical world tour that ranges from Native American to Yoruba (African). *SPIRIT DANCE* creates spontaneous musical improvisations that tantalize the ear and entice you to dance. The group is comprised of two extraordinary “musical healers”, SAFEER MAHDI (flutes and percussion) and DANII ODUDUA (drums, percussion and vocals).

SAFEER’s musical concepts are rooted in Africa, the Caribbean, and nurtured by his father who played bass with Jazz great Thelonius Monk. DANII’s musical influences are rooted in Africa and Latin America. Together they create the “Tribal Healing Sounds” of *SPIRIT DANCE*, a wonderful and totally unique blend of musical styles from around the globe.

The indigenous musical spectrum of *SPIRIT DANCE* takes you to the Middle East, North Africa, the Yoruba tribe of Nigeria, the Caribbean, Native American tribes, South America, and the United States.

SPIRIT DANCE music is widely utilized by health practitioners and others as part of a “musical healing” and “dance meditation” program developed by SAFEER and DANII. This unique transformational healing program utilizes the traditional African “call and response” technique combined with their sacred tribal music, visualization, breathing exercises, blindfolds, and a musical playshop to free participants from stress and promote a true sense of well being and peace of mind.

SPIRIT DANCE has a powerful CD called MYSTICAL TRAVELS that features tribal healing music from around the world. Additional live and studio sessions are scheduled for release on a regular basis.